



Platinum Clubhouse Awards Presentation Day

Platinum Clubhouse held their Annual Awards Presentations for 2009 on Friday, January 15th last.

This is our opportunity to recognise and congratulate all our members who have achieved and completed courses throughout the year. All in all, between our members and staff – we had 88 Certificates to hand out which was a tremendous achievement for our clubhouse.



The Awards was well attended by many clubhouse members, advisory board members, local politicians and family members along with representatives of Senior Mgmt from Eve Ltd. Also present, were the majority of Tutors & Facilitators involved in the successful delivery of the educational courses.

We hope that 2010 will be another great year for all our members to achieve their own personal goals. Platinum will continue to offer and encourage all our members to attend and participate in Education on an on-going basis.

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February Calendar of Events

- St Brigid's Day 1st
- St Valentine's Day 14th
- Chinese New Year of The Tiger Feb 14th
- Employment Dinner Jan 26th



Pancakes with Maple Syrup

Ingredients

- 150g self-raising flour
- 2 tbsp caster sugar
- 1 **Eggs**, beaten lightly
- 150ml **Milk**



Heat a heavy-based frying pan and turn the heat down to medium low. Add 25g butter, and when melted, drop tablespoonfuls of the mixture into the pan and cook for about two minutes, until bubbles appear on the surface.

Turn the pancakes over and cook until they feel firm in the centre and the undersides are golden.

Method

Sieve the flour into a mixing bowl, add the sugar and make a well in the centre. Whisk the egg and milk until blended and stir into the flour.

Repeat with the rest of the mixture. Serve straight from the pan with crisp bacon rashers and a good drizzle of maple syrup.

What's on in Newbridge?

The New Year gets off to a flying start at Riverbank with Athy man **Jack L** performing on Friday January 15th and The All New **Hannah Montana & High School Musical Show** on Saturday 16th. Loved by children everywhere this event gives fans 'the Best of Both Worlds' by combining two of the most loved shows on one stage- not to be missed.

On Friday January 22nd, Riverbank Arts Centre presents a very special night with the powerful choral group **Anuna**. This event will take place at the impressive location of St Conleth's Church Newbridge. **Anuna** are well known for their involvement in the **Riverdance** phenomenon, they sang the opening choral section entitled '**Cloudsong**', and this promises to be an exceptional night out.

Other highlights on the music front include Gemma Hayes, Fionn Regan, The 4 of Us, the Mercury-Prize nominated Portico Quartet and the incredible Irish instrumental band **Lunasa**.

If it's comedy that you're after then Kevin McAleer, Ardal O'Hanlon and Neil Delamere will keep you laughing through the coming months.

Andrzej holds an Art Exhibition which runs until 14th February in the McKenna Gallery, admission is free and the gallery is open 10am to 5.30pm, Monday to Friday and 10am to 1pm on Saturday.

Wednesday Jan 27th
St Conleth's Parish Choir will resume practice at 8 p.m. New members always welcome.

Moate Theatre
Musical 3pm, 8pm (sun 3pm & 7pm) Weds (Patron Night) 3rd Feb, Thurs 4th Feb 8pm, Fri 5th Feb 8pm, Sat 6th Feb 2.30pm & 8pm & Sun 7th 2.30 pm & 7pm Adm:€15 Matinees €10

CBS NAAS present their annual Musical - Directed by Mona Conroy. An event not to be missed!

Happy Birthday to...

Bernie, Patsy, David, Joe, Colm, Paul, David, Dympna,



SLUM DOG MILLIONAIRE - REVIEW

I got the opportunity to see the film Slum Dog Millionaire on Channel 4 recently. I had high expectations because this particular film had been nominated and selected for eight Oscars. It was based on this young teenager who was being interrogated after supposedly cheating in order to win the jackpot on the Indian version of "Who wants to be a Millionaire?"

His life story up to this point was told in flashback and it was quite difficult to follow. He grew up more or less as an orphan and had a difficult childhood as a result of this. The film was quite violent at times but I thought it was well directed and produced.



**Get Well
Wishes...**

**Adam, Tom &
Shay!**

Interview with ...Clive



This week we interview Clive

- Favourite Meal:** *Roast Beef + Spuds*
- Favourite Music:** *Kings of Leon*
- Favourite Film:** *The Bone Collector*
- Favourite Book:** *Ronan O'Gara Autobiography*

Féile Bríd – Kildare Town

The Féile incorporates a candle lit pilgrimage on the eve of Brigid's Day, a walk in the "Footsteps of Brigid of Kildare" as well as weaving of crosses and retelling of Brigid legends on St. Brigid's Day and an evening of song and dance to music from Mary Darcy of Two's Company Fame.

Kildare Education Centre host the annual Féile Celtic Lecture entitled "Brigid: An Irish Mandala". Workshops will include "Brigid: a Woman of Compassion and Healing" by Carmel Boyle, a night of Storytelling, music and Poetry hosted by Mai Leonard.

It also includes a Peace and Justice Conference in collaboration with Afri-Action from Ireland. The Féile will conclude with a Eucharist at St. Brigid's Well and a workshop exploring the new story of the universe linking the legends of Brigid with the writings of Thomas Berry. There is something for everybody. Céad Mile Fáilte.

Telephone: +353 (0)45 52 2890

Email: info@feilebride.ie

Website: www.solasbhride.ie



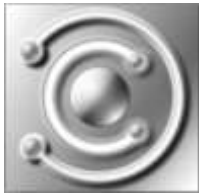
Poetry Corner



VALENTINES- *Patrick M.*

*The rose is a beautiful flower,
But one day it will decay,
It will take many a shower
To bloom at another day.*

*You are this sweet tender rose,
and life is short you know
Whats tomorrow know one knows
so lets make our love grow*



About Platinum Clubhouse...

Clubhouse is a member run and centered service, where every individual has something valuable to contribute to the clubhouse and to society at large, irrespective of their diagnosis or level of function.

We offer members a

supportive environment in which they can work alongside staff in planning and operating the clubhouse.

Members participate in mutually planned vocational, educational and social activities.

The Clubhouse guarantees four main rights:

- **Right to a place to come**
- **Right to meaningful work**
- **Right to meaningful relationships**
- **Right to a place to return**

Platinum Clubhouse
Unit B1 Century Park
Newbridge Industrial Estate
Newbridge,
Co. Kildare
Ireland
Tel: 353+45+433229
Fax: 353+45+433206
Email: platinumclubhouse@eve.ie

RECIPIENT NAME
STREET ADDRESS
TOWN
COUNTY, COUNTRY